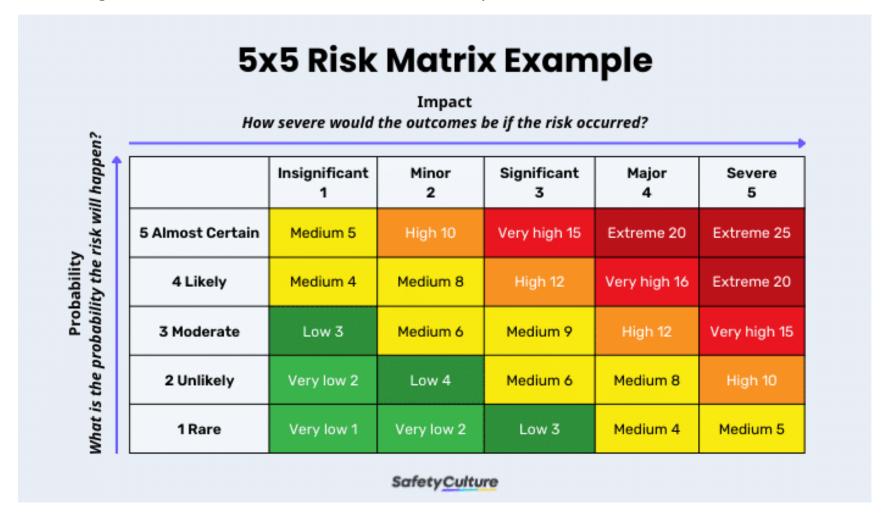
Risk Assessment

Grade 7 Camping Trip

Activity	Hazard	Risk	Mitigation	Risk Rating
Walking and hiking	Tripping/falling	Broken bone, sprained joint, cuts, scrapes	 First aid kit Proper walking/hiking footwear Campsite has cellphone reception 	Medium 6
	Getting lost	Separation from group, lost overnight, need for Search and Rescue	Buddy systemCarrying a whistleStaying on designated trails	Low 3
Making campfires	Fire	Burned skin	 Fire safe clothing (non-synthetic fabric) Maintaining safe distance from flames Containing fire in fire ring Building small fires only 	High 12
	Knife	Cut skin	 Cut in direction away from user Adult supervision Only using when necessary to make kindling 	High 12
Dragon boating	Boat capsizing	Drowning, hypothermia	Life jackets, PFDsFollowing instructions of the guides	Low 3
	Falling out of boat	Drowning, hypothermia	Life jackets, PFDsFollowing instructions of the guides	Low 4

Swimming	Water	Drowning, hypothermia	 Life guard on duty Life jackets, PFDs for non-swimmers Stay in designated swim area 	Medium 4
Food allergies	Group meals	Anaphylactic shock, itchy mouth, hives, swelling of lips or face	 Pack food that meets dietary needs Check with an adult if unsure of contents of food Update teacher of food allergies 	Medium 8
Weather	Rain, wind, lightning, extreme cold or hot	Hypothermia, sun burn, trees falling, waves on beach	 Check weather forecast daily and react accordingly Adjust plans when needed Ensure all students have weather appropriate gear and clothing 20-minute drive from town with full vehicle access Campsite has cellphone reception 	Medium 8

Risk ratings are based on the below matrix from SafetyCulture:



Guevara, P. (2025, August 5). What is a 5x5 risk matrix & how to use it?. SafetyCulture. https://safetyculture.com/topics/risk-assessment/5x5-risk-matrix/